



## Choose Well-Being Psychology Education Registration Process

1. To schedule an intake or ask questions, please go to “**contact**” on the website bar menu and send an email about the skills program you are interested in or if unsure please indicate and we can discuss at intake
2. You will receive an email from the provider Erin Driskill, LCSW or her assistant asking you further questions about concerns to support you with, insurance or non-insurance, any high-risk behaviors, and your availability
3. The provider will respond and discuss openings or if there is a waitlist and may offer other referrals if it seems indicated that you may need a different level of care than she can provide or a different type of treatment approach that is not within her area of expertise
4. If there is an opening and the provider can support you effectively, an appointment will be scheduled
5. Intake forms will be emailed and come from **Simple Practice**, our online form platform
6. These forms will expire in 48 hours, please be looking for them and you can re-request the form from the Simple Practice email if needed
7. I will coordinate with your referring provider if needed/applies, if there is a release of information completed or on file and your skills program will start from there
8. Welcome!

*“Mindfulness-Based skills for navigating life’s challenges”*